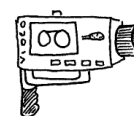


Dover District Partnership Group Notes of Meeting held on 22nd October 2010

Complex Needs Update

The Complex Needs Group helps make sure the views and needs of people with high support needs are included by the DPG. The Group has suggested that DPG meetings be videoed and shown to people with complex needs who are not able to come to DPG meetings. This will help to get people more involved and help them understand topics.



The Group also hope to film people with complex needs to show the difficulties they face every day.

Speaking Up Group

The Group told us about work they have done with Walmer Paddling Pool to try and get adult changing places put in place. They are waiting to hear from Vista Leisure about funding.



The group have been visiting residential homes to tell people about equality and human rights.



The Group meet every Friday from 10 to 2pm at Landmark Centre.



Valuing People Now Event

This was a Kent wide event held in Folkestone in September. There were stalls giving information about different opportunities for people. There was also lots of information about what has happened in Kent to make Valuing People Now happen. This included presentations about work on Health, Housing, Employment and Advocacy.



Valuing People Now

We reminded people of what Valuing People says should happen over the next few years to make people's lives better.



Fowlmead County Park

This is a cycle track where people can go and cycle. There are no cars and the track is very flat so it is easy to cycle on.



The Physiotherapy team are there every Friday between 1pm and 3pm. They can teach you how to ride a bike so you can ride whenever you like. The first session is free. Bike hire costs £3.50 per hour. Carers are able to hire bikes free of charge to ride alongside.

There are lots of different types of bikes and trikes available. There are also hand cycles and cycles for people who aren't able to cycle themselves.



People can go in groups and it is possible to arrange a training session on any day of the week. Everyone gets a certificate after training to say you are able to ride a bike. Once people have this certificate they can hire a bike whenever they like.

Library Services

Elizabeth and Hazel told us about Librarys which are free to join. The Library Service is doing lots to make them welcoming and easy for everyone to use.



They have talked to lots of people with learning disabilities about what people want from the library. People have told them they want

- choice and control in leading active lives
- be treated with dignity and respect
- to have fun.
- People want information in a way they can understand when need it.
- People want to be involved in improving things.

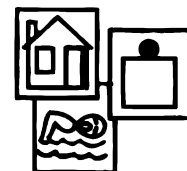
We heard about the different sorts of books that are available from the library. These include books with pictures on different topics such as sport, exercise, being ill. There are easy read fiction books and information books.



Books are available in large print books or on CD. Some are fiction and some are true stories about peoples lives. Music is also available.

When you join the library you get a library card. You need to have some proof of who you are and where you live to get a library card. This could be a letter or your passport.

Signs at the library are being improved to show where there are toilets and drink machines.



Library discovery tours take about half an hour and show you all the different parts of the library. There is also a library passport course which is one day a week for 6 weeks and tells you all things need to know about using the library. There are plans to run this in Dover.



The Library also offer work experience and volunteering opportunities.



Taking Control of your health

Chris, Stephen and Michelle did a role play to show what should happen when you visit the doctors or hospital. They showed that the doctor should speak to the patient and not to the carer. The doctor should explain clearly to the patient what treatment is needed, the results and any medicine that is needed and what this is for.



This showed good practice around communication and respecting peoples choices.

A few weeks ago EKHT held an event about finding out what people think about Hospitals. They are looking at developing a Hospital Passport which would tells staff information about you.

We thought about what issues people have when they go into hospital.



We talked about going into hospital and people's experiences. If it was a bad experience we thought about how to make this better in the future.



All our comments and information will be given to the Hospitals Trust to help improve services.